

Kids' SAFETY

NATIONAL PREPAREDNESS MONTH



KIDS' RULES FOR SAFETY

- ⌘ Always **check first** with your parents or the person in charge before you go anywhere or get into a car, even with someone you know.
 - > tell them where you are going
 - > tell them how you will get there
 - > tell them who will be going with you
 - > tell them when you'll be back
 - > get back on time or call to tell them you'll be late!
- ⌘ Always **check first** with your parents or the person in charge before accepting anything from anyone, even someone you know.
- ⌘ Always take a friend with you when you go places, even outside to play, ride your bike or wait at the bus stop. Don't go alone. There is safety in numbers.
- ⌘ Know your name, address, telephone number and your parents' names.
- ⌘ Say **NO** if someone tries to touch you or treat you in a way that makes you feel scared, uncomfortable or confused. Tell your parents.
- ⌘ If you lose your parent in a public place like a store or park, immediately ask someone who works there to help you find them. Do not go looking for them alone.
- ⌘ If you see something strange or out of the ordinary at school tell a teacher.
- ⌘ **Stay away** from strangers who are overly friendly.
- ⌘ **Stay alert** to what is going on around you.

Visit www.kysafeschools.org for more information.

SECRET CODE!

You and your parents can agree on a code word that is easy for you and them to remember. If anyone tells you that you need to come with them because your parents are hurt or in the hospital. You can ask for the code word. If they are really a friend, they

will know the code word because your parents will have told them. If they do not know the code word, run away and call your parents at home or the police at 9-1-1.

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WEB SAFETY

- ⚡ **Don't give** out personal information without your parents' permission.
- ⚡ **Don't agree** to meet anyone you have met online without first asking your parents.
- ⚡ **Never send** your picture to anyone without checking with your parents.
- ⚡ **Don't answer** any messages that make you feel uncomfortable and tell your parents about any messages like that you receive.
- ⚡ **Follow** your **parents rules** for the amount of time online, when you can be online and safe site areas you can visit.

FOR PARENTS

- ⚡ Teach your children to stay in touch, particularly for them to check in when they get home from school or other activities.
- ⚡ Make sure you know where your local fire department, police station, and hospital are located.
- ⚡ Post a list of emergency phone numbers near all the telephones in your home. Include your work numbers.
- ⚡ Organize and practice a family fire drill -- make sure your children know what your smoke detector sounds like and what to do if it goes off when they are sleeping.
- ⚡ Locate the utility mains for your home and learn how to turn them off manually: gas, electricity, and water.
- ⚡ Create an emergency plan for your household, including your pets.
- ⚡ Decide where your family will meet if a disaster does happen.
- ⚡ Ask an out-of-town friend to be your "family contact" to relay messages. An emergency in your local area may take out telephone lines or cell phone circuits.
- ⚡ Prepare a 3-day disaster supply kit, complete with flashlights, batteries, blankets, and an emergency supply of water and food (and pet food!).
- ⚡ Check the expiration dates of all over-the-counter medications; discard all that are expired and replace any that are routinely needed.

Visit www.homelandsecurity.ky.gov for more information on protecting your family.

YOU BETTER KNOW!

- ⚡ full name and address, including city & your state
- ⚡ your telephone number, including area code
- ⚡ how to use a pay phone
- ⚡ the full name of each of your parents
- ⚡ the phone number of an adult family friend or relative in case parents don't answer their phones.
- ⚡ police emergency phone number (often 911)
- ⚡ where you are, what the problem is and the number of the phone you're calling from if you're calling for help.

